

717.320.2091
Millerstown, PA
mike@burnedbylax.com
www.burnedbyLax.com

Michael J. Burns

NCAA Player, Coach, Stringer and Analyst

PROFILE

Faith, Family, Service
Married to Lauri (15 years), father of two middle schoolers (7th & 8th grade).

EXPERIENCE & HIGHLIGHTS

Coached USILA All-Americans and Scholar All-Americans.

Guided numerous players to All-Conference honors.

Achieved top national rankings in defensive play (Division III).

Over 20 years of combined playing and coaching experience.

Brand Ambassador for Signature Lacrosse.

Experienced NCAA player, coach, stringer, and lacrosse analyst with a lifelong commitment to advancing the sport. Competed at the collegiate level and transitioned into more than a decade of coaching, leading teams to conference championships and NCAA tournament play. Recognized for defensive expertise, program development, and mentorship across youth, collegiate, and club programs. Founder of burnedbyLax, delivering high-quality stringing and equipment solutions while promoting accessibility to the game nationwide. Dedicated to educating, equipping, and inspiring the lacrosse community at every level.

COACHING

burnedbyLax.com | Millerstown, PA
Founder & Stringer | 2016–Present | Encourage, Equip & Educate

Team TEN Lacrosse Club | Harrisburg, PA
Coach & Director of Coaching | 2022–2025 | Head Coach & Servant

Susquehanna University | Selinsgrove, PA
Assistant Coach | 2007–2018 | Top National Rankings in Defensive Play

PLAYING

Kent Island Comets (now Kent Island Youth Lacrosse) | Kent Island, MD
Coach | Mike LaClair | Began competitive lacrosse career at youth level.

Queen Anne's County High School | Centreville, MD
Coach | Andy Schipul | Developed skills that led to collegiate lacrosse opportunities.

Whittier College | Whittier, CA
Coach | Doug Locker | NCAA Division III lacrosse player.

EDUCATION

Masters in Theology
Liberty University School of Divinity | 2013, Lynchburg, VA

Bachelor of Science
Whittier College | 2002, Whittier, CA

High School Diploma
Queen Anne's County High School | 1998, Centreville, MD

SKILLS

Defensive Strategy & Player Development, NCAA Compliance & Recruiting, Stringing & Equipment Customization, Program Development & Leadership, Mentorship & Athlete Growth, Game Analysis, Non-Profit Leadership, Budgeting, Fundraising, Event Coordination, Staff Training, Conflict Resolution, Public Speaking, Volunteer Development, Licensed Pastor.